



Akunah Me

Welcome to Akunah Me

Akunah Me is a tool that helps **you and Dr Peter McEwen** work together. It helps your doctor see how you are doing and helps you learn about your health.

With Akunah Me, you can:

- ✓ Track your recovery after an injury or surgery
- ✓ Watch helpful educational videos
- ✓ Keep your medical documents in one place

Overview

Why are you using Akunah?

Your recovery is important to your doctor. That's why you'll be asked to fill out short questionnaires during your journey. These help your doctor understand how you feel and how you are getting better.



Getting Started with Akunah

Option 1:

Accept your Doctor's invite

- Look for a **Welcome to Akunah** email from your doctor's organisation.
- Click the link in the email to sign up.
- Create your account by entering your details and verifying your email.
- Log in and check your account for a **Pending Questionnaire**. Click it to start.

Getting Started with Akunah

Option 2:

Sign up by yourself

- Sign up to **Akunah Me** using your phone, computer or a provided iPad. (*link below*)
- Once signed in, select the questionnaire related to your injury and fill it out.
- When finished, press **Share Now** to send it to your doctor.
- **Search for your doctor's name or use the clinic's unique code.**

Doctor's Name: **Peter McEwen**
Clinic Code: **061 5163**

After Treatment

What happens after Treatment?

After your surgery or treatment, your doctor may send you more questionnaires. These may be requested at different times throughout your recovery (*sometimes up to 5 years after surgery*).

You have 2 weeks to finish each one.

Please check your email or Akunah Me account often so you don't miss them.

Akunah Med

Learn with Akunah Med

Inside your Akunah Me account, click on the **Akunah Med** tab. Here, you can watch videos about:

- How to do your rehabilitation exercises
- Ways to help your body heal
- Learning more about your condition

If your doctor has a special channel, you can see videos made just for you.

Get Started

Ready to Get Started?

Sign up for Akunah Me today! Scan the QR code or visit akunah.com, then click '**Patient Login**' to get started.

